

Biographies of Lecturers

Paul Bergner is Director of the North American Institute of Medical Herbalism in Boulder, Colorado, where he offers clinical training in medical herbalism and clinical nutrition in a two-year program. Paul has studied and practiced natural medicine since 1973, with formal studies in nature cure, medical herbalism, clinical nutrition, traditional Chinese medicine, Ayurvedic medicine, Unani medicine, flower essences, yoga therapy, and bodywork, including undergraduate studies in pre-medicine and psychology and doctoral level studies in medical sciences and natural therapeutics at the National College of Naturopathic Medicine. In addition to directing the school and clinic at the NAIMH, he taught undergraduate nutrition at Naropa University for seven years, and is guest faculty in the Masters in Herbal Medicine program at the Tai Sophia Institute. He has edited and published the *Medical Herbalism* journal since 1989 and has authored seven books on medical herbalism, clinical nutrition, ethnobotany, and naturopathic medicine.

Dr. Eric Blake graduated from the National College of Naturopathic Medicine in Portland, Oregon. There he completed a Masters in Science of Oriental Medicine and a Doctorate of Naturopathic Medicine. He pursued special studies in Physical Medicine for infectious and degenerative diseases, Constitutional Hydrotherapy, history of natural medicine and German iris diagnosis. Before graduating he was already teaching and lecturing in the hydrotherapy courses. After graduation he completed a residency at one of the busiest and longest continually operating naturopathic clinics in North America.

Dr. Blake has authored a teaching text on hydrotherapy for physicians, is the history editor of the Foundations of Naturopathic Medicine project, and is contributing editor of an upcoming textbook of Naturopathic Physical Medicine that will be for international use in Naturopathic Colleges internationally. He is also currently adjunct faculty at National College teaching hydrotherapy, history, and iris diagnosis.

Dr. Sussanna Czeranko, ND is a CCNM graduate who practiced in Ontario since 1994. She recently relocated to Oregon where she incorporates her strong interests in Balneotherapy, a Breathing therapy originating from Russia, and Halotherapy into her naturopathic practice. She is currently working on a certificate training program for professional health care practitioners in Halotherapy and Buteyko Breathing. As well, she is developing a Balneotherapy curriculum for CCNM students and alumni. Dr. Czeranko is an avid wildcrafter.

Dr. Glen Nagel ND, RH (AHG) has been a practicing herbalist for the last 25 years. He has worked in the herbal industry as well as an herbal educator offering classes and courses in herbal medicine. He is also a licensed naturopathic physician in Oregon and has practiced Naturopathic Medicine since 1993 in Montana, Colorado, and Washington. He is a former assistant professor of

Botanical medicine at Bastyr University in Kenmore, Washington. Currently he is an adjunct clinical and academic professor at NCNM and lives in Portland, Oregon. He has a lifelong interest in plants and nature and believes in teaching with humor and hands-on experience.